

Kid's Corner

Jesus taught his friends how to pray by giving them a special prayer to say called 'The Lord's Prayer' you may say this at home or school, or when you go to church. Jesus longs for us to pray to him all the time, about anything and everything. It's not difficult. Just imagine you're on the phone to a special friend. You can't see them, but it's great to tell them all about what's been happening to you, knowing that they listen and care. That's just how Jesus listens to us! And we don't only have to talk to him about the good stuff. He cares just as much about the things that haven't gone so well too. D'you know why?

Because he loves us soooooo much! It's amazing!

You can pray with your family. Around the table when you share a meal is a good time.

Using your thumbs put them up – to show that what you're going to talk to Jesus about is good. Then ask your family in turn to say something good that's happened to them that day. Don't forget to say what's been good in your day too.

Then put your thumbs down – to show that maybe not everything's been so good today, and ask your family to share what hasn't been so great in their day.

Then say 'I give all of this to you Jesus, look after it for me/us' And all say Amen to show you agree with all that's been said.

There, I said it was easy to pray.

Look on our website:

www.cokerridge.org.uk

or Facebook page for lots of fun activities.

You can also pray with your hands using ALL your fingers
Hold up your thumb – say thank you to Jesus for something good

Hold up your first finger and point it away from you – talk to Jesus about something or someone in the world that needs a prayer

Now hold up the tallest finger – think of someone in authority who needs your prayers, like your teachers.

Using your ring finger – called that because people wear a ring on it when they get married or engaged – think of your family, mum and dad, grandparents, the person who looks after you, the people you love.

And lastly, hold up your little finger – and think about a prayer for you.

Don't forget to say Amen.



Thank you Jesus that you always listen when I talk to you, about anything, and everything. You really are the best friend ever. Amen